PARENTING CLASSES & WORKSHOPS
Facilitated in English

Workshop: Bullying - presented by Child Crisis Arizona
A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth and it’s important to know signs and strategies to support those who are bullying and being bullied.
Thursday, January 9th, 5:30 - 7:30 pm at ICAN: 650 E. Morelos Street, Chandler, AZ, 85225

Bridges to High School Program - for 6th graders and their parents
Middle school can be a tough time for students and their parents. Bridges helps students and families manage the demands of middle school and prepare for a lifetime of success. The program meets once a week for four sessions. Tuesdays, starting Jan 28th, 5:15 - 7:30 pm at Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225 Dinner and child care provided.

Workshop: Developing Trust and good character
Join us on a conversation on how to use “trust” as a tool to develop good character in our children and why schools cannot raise kids.
Tuesday, February 25th, 5:30 - 7:30 pm at Andersen Elementary: 1350 N Pennington Dr, Chandler, AZ 85224

Discussion Group: Dealing with disobedience
This discussion topic provides examples of common forms of disobedience and some reasons why children have difficulty learning to follow instructions. A number of positive parenting strategies are then introduced to help parents develop a personal plan to prevent disobedience, teach their child limits, and also to manage disobedience when necessary.
Thursday, March 26th, 5:30 - 7:30 pm at ICAN: 650 East Morelos St. Chandler, AZ 85225

Strong Families Program
Parenting skills for parents of children ages 2-18. Topics include: discipline, communication, anger management, parenting styles, temperament, self-esteem and underage substance abuse prevention. The program meets once a week for four sessions. Tuesdays, starting April 7th, 5:15 - 7:30 pm. ICAN: 650 East Morelos St. Chandler, AZ 85225. Dinner and child care provided.

Active Parenting of Teens Program
Parenting skills for parents of teens and pre-teens. Parents learn how to create harmony and stability in their family while raising their teens to be responsible, courageous and prepared for independent life. The program meets once a week for four sessions. Tuesdays, starting May 5th, 5:15 - 7:30 pm. ICAN: 650 East Morelos St. Chandler, AZ 85225. Dinner and child care provided.

Discussion Group: Managing fighting and aggression
In this session, parents are encouraged to share their experiences of aggressive and destructive behavior from their children and discuss some of the reasons children fight. This group covers the skills that children need to be able to cooperate and get along with others. Parents learn how to teach skills such as sharing, communicating, and being gentle. They also prepare plans to manage times when fighting and aggression do occur.
Thursday, May 7th, 5:30 - 7:30 pm at ICAN: 650 East Morelos St. Chandler, AZ 85225

Workshop: Adverse Childhood Experiences- presented by Child Crisis Arizona
Childhood trauma affects behavior into adulthood. Learn about the behavior impacts and how to promote healthy behavior to keep kids safe. Explore strategies to build emotionally healthy families by learning about the healing process.
Thursday, May 14th, 5:30 - 7:30 pm at ICAN: 650 E. Morelos Street, Chandler, AZ, 85225

Questions and registration:
at 480-874-7593 or alicia@icanaz.org
Pre-registration to Parenting Classes and Workshops is required to ensure minimum of participants to open a class. If a class is not full during pre-registration, it will be cancelled prior to the first session.

FAMILY EVENTS
At ICAN: 650 East Morelos St. Chandler, AZ 85225

Me and My Family Night
Family crafts, activities that strengthen family values, dinner & raffles!
Wednesdays. 6:15-8 pm

ICAN Family Play Day!
Dinner, games, prizes and lots of fun for the whole family! Open to the community.
Monday March 23
5:00-7:00 pm

This Program receives funds from Arizona Parents Commission on Drug Education and Prevention Governor’s Office of Youth, Faith and Family.
Programas para Padres y la Familia
Calendario Primavera 2020

CLASES Y TALLERES PARA PADRES
Facilitados en Español

Se ofrece cuidado de niños

**Programa Puentes a la Preparatoria - Para padres y sus hijos en 6to grado de primaria**
Este programa se reúne una vez a la semana, por cuatro sesiones. Martes, empezando el 28 de enero, 5:15 - 7:30 pm. en Galveston Elementary: 661 E Galveston St, Chandler, AZ. Se ofrece cena y cuidado de niños mayores de 3 años.

**Taller: Lidiando con la desobediencia**
Jueves, 6 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225
Miércoles 19 de febrero, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

**Taller: Manejo de las peleas y la agresión**
Jueves, 13 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225

**Taller: Desarrollar buenas rutinas para dormir**
Jueves, 20 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225

**Taller: Ir de compras con nuestros hijos sin tener problemas**
Jueves, 27 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225

**Taller: Padres De Acuerdo En La Crianza De Sus Hijos, presentado por Child Crisis Arizona**
Jueves 5 de marzo, 5:30 - 7:30 pm en ICAN: 650 East Morelos St. Chandler, AZ 85225

**Taller: Manejo de las peleas y la agresión**
Miércoles 25 de marzo, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

**Taller: Lidiando con la desobediencia**
Jueves, 2 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

**Taller: Manejo de las peleas y la agresión**
Jueves, 9 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

**Taller: El poder de recuperacion de los padres ante las dificultades**
Miércoles 15 de abril, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

**Taller: Desarrollar buenas rutinas para dormir**
Jueves, 16 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

**Taller: Ir de compras con nuestros hijos sin tener problemas**
Jueves, 23 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

**Taller: El poder de recuperacion de los padres ante las dificultades**
Miércoles 15 de abril, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

Preguntas y Registro:
al 480-874-7593 o alicia@icanaz.org

Se requiere preinscripción en las clases y talleres para garantizar que se cuenta con un mínimo de participantes. Si una clase no está completa durante la preinscripción, se cancelará antes de la primera sesión.

**EVENTOS PARA LA FAMILIA**
At ICAN: 650 East Morelos St. Chandler, AZ 85225

**Noche de Mi Familia y Yo**
Manualidades, actividades que fortalezcan los valores familiares, cena, premios.

Miércoles 6:15-8 pm 8 enero
5 febrero 4 marzo 8 abril 6 mayo

**Día de Juego en Familia!**
¡Cena, juegos, premios y mucha diversión para toda la familia! Abierto a la comunidad.

Lunes 23 de marzo
5:00-7:00 pm

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