



Parenting and Family Programs Calendar Spring 2020



PARENTING CLASSES & WORKSHOPS

Facilitated in English

Child care provided

JAN

Workshop: Bullying - presented by Child Crisis Arizona

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth and it's important to know signs and strategies to support those who are bullying and being bullied. **Thursday, January 9th, 5:30 - 7:30 pm at ICAN: 650 E. Morelos Street, Chandler, AZ, 85225**

Bridges to High School Program - for 6th graders and their parents

Middle school can be a tough time for students and their parents. Bridges helps students and families manage the demands of middle school and prepare for a lifetime of success. **The program meets once a week for four sessions. Tuesdays, starting Jan 28th, 5:15 - 7:30 pm. at Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225 Dinner and child care provided.**

FEB

Workshop: Developing Trust and good character

Join us on a conversation on how to use "trust" as a tool to develop good character in our children and why schools cannot raise kids.

Tuesday, February 25th, 5:30 - 7:30 pm at Andersen Elementary: 1350 N Pennington Dr, Chandler, AZ 85224

MAR

Discussion Group: Dealing with disobedience New!

This discussion topic provides examples of common forms of disobedience and some reasons why children have difficulty learning to follow instructions. A number of positive parenting strategies are then introduced to help parents develop a personal plan to prevent disobedience, teach their child limits, and also to manage disobedience when necessary.

Thursday, March 26th, 5:30 - 7:30 pm at ICAN: 650 East Morelos St. Chandler, AZ 85225

APR

Strong Families Program

Parenting skills for parents of children ages 2-18. Topics include: discipline, communication, anger management, parenting styles, temperament, self-esteem and underage substance abuse prevention. **The program meets once a week for four sessions. Tuesdays, starting April 7th, 5:15 - 7:30 pm. ICAN: 650 East Morelos St. Chandler, AZ 85225. Dinner and child care provided.**

MAY

Active Parenting of Teens Program

Parenting skills for parents of teens and pre-teens. Parents learn how to create harmony and stability in their family while raising their teens to be responsible, courageous and prepared for independent life. **The program meets once a week for four sessions. Tuesdays, starting May 5th, 5:15 - 7:30 pm. ICAN: 650 East Morelos St. Chandler, AZ 85225. Dinner and child care provided.**

Discussion Group: Managing fighting and aggression New!

In this session, parents are encouraged to share their experiences of aggressive and destructive behavior from their children and discuss some of the reasons children fight. This group covers the skills that children need to be able to cooperate and get along with others. Parents learn how to teach skills such as sharing, communicating, and being gentle. They also prepare plans to manage times when fighting and aggression do occur.

Thursday, May 7th, 5:30 - 7:30 pm at ICAN: 650 East Morelos St. Chandler, AZ 85225

Workshop: Adverse Childhood Experiences- presented by Child Crisis Arizona

Childhood trauma affects behavior into adulthood. Learn about the behavior impacts and how to promote healthy behavior to keep kids safe. Explore strategies to build emotionally healthy families by learning about the healing process.

Thursday, May 14th, 5:30 - 7:30 pm at ICAN: 650 E. Morelos Street, Chandler, AZ, 85225

Questions and registration:



**at 480-874-7593 or
alicia@icanaz.org**



Pre-registration to Parenting Classes and Workshops is required to ensure minimum of participants to open a class. If a class is not full during pre-registration, it will be cancelled prior to the first session.

FAMILY EVENTS

At ICAN: 650 East Morelos St.
Chandler, AZ 85225



Me and My Family Night

Family crafts, activities that strengthen family values, dinner & raffles!

Wednesdays. 6:15-8 pm
January 8 . February 5 . March 4
April 8 . May 6

ICAN Family Play Day!

Dinner, games, prizes and lots of fun for the whole family! Open to the community.

Monday March 23
5:00-7:00 pm



CLASES Y TALLERES PARA PADRES

Facilitados en Español

Se ofrece cuidado de niños

ENE

Programa Puentes a la Preparatoria - Para padres y sus hijos en 6to grado de primaria

Este programa se reúne una vez a la semana, por cuatro sesiones. Martes, empezando el 28 de enero, 5:15 - 7:30 pm. en Galveston Elementary: 661 E Galveston St, Chandler, AZ. **Se ofrece cena y cuidado de niños mayores de 3 años.**

Taller: Lidiando con la desobediencia

Jueves, 6 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225
Miércoles 19 de febrero, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

Taller: Manejo de las peleas y la agresión

Jueves, 13 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225

Taller: Desarrollar buenas rutinas para dormir

Jueves, 20 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225

Taller: Ir de compras con nuestros hijos sin tener problemas

Jueves, 27 de febrero, 9:11 am en Bologna Elementary: 1625 E Frye Rd, Chandler, AZ 85225

FEB

MAR

Taller: Padres De Acuerdo En La Crianza De Sus Hijos, presentado por Child Crisis Arizona

Jueves 5 de marzo, 5:30 - 7:30 pm en ICAN: 650 East Morelos St. Chandler, AZ 85225

Taller: Manejo de las peleas y la agresión

Miércoles 25 de marzo, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

Taller: Lidiando con la desobediencia

Jueves, 2 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

Taller: Manejo de las peleas y la agresión

Jueves, 9 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

Taller: El poder de recuperacion de los padres ante las dificultades

Miércoles 15 de abril, 8:30 - 10:30 am en Galveston Elementary: 661 E Galveston St, Chandler, AZ 85225

Taller: Desarrollar buenas rutinas para dormir

Jueves, 16 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

Taller: Ir de compras con nuestros hijos sin tener problemas

Jueves, 23 de abril, 9:30 - 11:30 am en Chandler CARE Center: 777 E Galveston St, Chandler, AZ 85225

APR

Preguntas y Registro:
al **480-874-7593** o
alicia@icanaz.org



Se requiere preinscripción en las clases y talleres para garantizar que se cuenta con un mínimo de participantes. Si una clase no está completa durante la preinscripción, se cancelará antes de la primera sesión.

EVENTOS PARA LA FAMILIA



At ICAN: 650 East Morelos St.
Chandler, AZ 85225

Noche de Mi Familia y Yo

Manualidades, actividades que fortalecen los valores familiares, cena, premios.

Miércoles 6:15-8 pm 8 enero
5 febrero 4 marzo 8 abril 6 mayo

Día de Juego en Familia!

¡Cena, juegos, premios y mucha diversión para toda la familia! Abierto a la comunidad.

Lunes 23 de marzo
5:00-7:00 pm